

RAIDER NATION

ST. ALEXANDER RAIDER RUN **5K** 2018

RUNNING RAIDERS

5K Afterschool Training

Tuesdays April 17, April 24, May 1, May 8

****Run/Walk/Jog with Friends to get ready for 5K****

2:45-3:20pm on the Football Field

Bring running shoes and water- Free!

For more information please contact Megan Coffey at

mmcoffeys@ymail.com

Name _____ Grade _____

Parent Signature _____

Emergency # _____

****You must be registered for the 5K in order to participate. All students not picked up at 3:20, will be brought to extended day. Run, Raiders, Run!**